

Rosa's Apple Pie Oatmeal

Utensils:

Micro-wave safe bowl

Measuring cups

Hot pads

Wooden spoons

Ingredients:

1 0.98-ounce envelope plain
instant oatmeal

2/3 cup water

1/4 cup unsweetened applesauce

1/4 teaspoon apple pie spice

How to Make It:

Open oatmeal envelope. Pour oatmeal into a microwave-safe bowl.

Add the water to the oatmeal. Place bowl in microwave oven.

Microwave on 100% [high] for 1 to 2 minutes or
until thickened.

Use hot pads to remove bowl from the microwave.

Stir with a wooden spoon until mixed. Add
applesauce and apple pie spice to oatmeal.

Stir until mixed.

Makes 1 serving.

